

Women Veteran Peer Support Services

Our program strives to provide a safe and inclusive space where women veterans can openly discuss their unique needs and concerns. Through the power of shared stories and empathetic support, we aim to enhance the well-being of women veterans by addressing their mental health and promote personal growth.

WHAT IS A PEER SPECIALIST?

A certified peer specialist is a veteran with a mental health and/or substance use condition in recovery.

Peer Specialist are trained and certified to assist other veterans in identifying and achieving their own self-identified life goals

SERVICES PROVIDED

- Skills to empower & self-advocate
- Wellness & self-care
- Community resources
- Navigating the VA



Our Peer Support Program provides services to women veterans in the following counties: Butler, Armstrong, Clarion, Lawrence and Mercer



For more information contact:
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Veterans Helping Veterans